

Babygruppen

- A BOOST FOR YOU
AND YOUR BABY



Find us at Facebook
"Babygruppen Albertslund"



DO YOU WANT TO JOIN?

If you want to join or learn more about the group, just talk to your health visitor, or call the main number 43 68 66 70. You can also call the project-coordinator at 60 35 46 35.

Being in the group is free of charge. Your baby must be between 0-24 month.



Babygruppen is an offer for you, who would like to learn more about your baby and would like to meet other mothers and babies.

In Babygruppen you will meet a project-coordinator, a daycare teacher and a health visitor. Each time they will listen, share experiences and update you on the newest knowledge about baby's development.



WE WILL MEET ON

Tuesdays 10.00 - 11.30
Address: Børnehuset
Lindegården
Hedemarksvej 18-22
2620 Albertslund.
Entrance next to the
playground

We hope to start the group up after easter (beginning of april). We will be following all COVID-19 guidelines so you and your baby can feel safe.

What do we do?

We talk about different themes, fx food for babies, sleep, motorskills. Sometimes we do activities or take a trip together. There is always a bite to eat and time for you to chat with the other mothers

We will help each other get ready for group, clean up after and plan activities.



The purpose of Babygruppen is to let mothers meet each other, to strengthen the parenting role and the knowledge about the many offers in Albertslund kommune. In Babygruppen mothers and babies meet and have access to professionals and other mothers. Babygruppen has been established as a cooperation between The Social Housing unit ABC, The Health Care unit and Børnehuset Lindegården.
Flyer made feb. 2021

